


## Free Guided Walks in the Vale of Glamorgan April - June 2018

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 **Coffee Shop Strollers / Crwydro** Easy Walks up to 1 hour. No stiles, steps or steep inclines.

| Group  | Start                                  | Day & Time      | Date                                       |
|--|--|-----------------|--|
| Coffee Shop Strollers  | Barry, Bridge Café car park, Cold Knap | Wed 1030        | 4, 18, April 2, 16, 30 May 13, 27 June     |
| Coffee Shop Strollers  | Cowbridge Physic Garden Fountain       | Wed 1430        | 4, 18, April 2, 16, 30 May 13, 27 June     |
| Coffee Shop Strollers  | Cosmeston outside Visitor Centre       | Wed 1030        | 11, 25 April 9, 23 May 6, 20 June          |
| Coffee Shop Strollers  | Llantwit Major Town Hall car park      | Wed 1430        | 11, 25 April 9, 23 May 6, 20 June          |
| <b>Crwydro</b>  | <b>Ynys Y Barri, Coffee Cove</b>       | <b>Maw 1000</b> | <b>3 Ebrill/April 1 Mai/May 5 Meh/June</b> |
| Living with Cancer Strollers   | Cosmeston Park, Information Centre     | Thurs 1030      | 5 April 3 May 7 June                       |

 **Progression Walks up to 90 minutes. Some stiles, steps or steep inclines**

| April       | Time | Name of Walk                   | Start   |
|-------------|------|--------------------------------|---|
| 08 Sun      | 1400 | Most Southerly Point in Wales  | Fontygary Leisure Park CF62 3ZT                     |
| 09 Mon      | 1100 | Woods and Valleys              | Barry, Travelodge, Port Rd. CF62 3BA Upper car park |
| 15 Sun      | 1400 | St. Peter's Church Revisited   | Penarth, cliff top car park CF64 5BP                |
| 22 Sun      | 1400 | Round of Golf and Glacier Walk | Dinas Powys, St Peter's Church, Mill Rd. CF64 4BT   |
| <b>May</b>  |      |                                |   |
| 14 Mon      | 1100 | Spring Lambs and Coastal Views | Dinas Powys Common, opposite Twyncyn CF64 4DT       |
| <b>June</b> |      |                                |   |
| 11 Mon      | 1100 | To the beach and back          | Llantwit Major, railway station car park CF61 1ST   |

 **Extended Walks up to 3 hours. Many stiles, steps or steep inclines. Bring drink and snack.**

| April       | Time | Name of Walk                   | Start   |
|-------------|------|--------------------------------|---|
| 26 Thurs    | 1000 | Lots of History 6 – 7 miles    | St Hilary, Bush Inn CF71 7DP                      |
| <b>May</b>  |      |                                |   |
| 31 Thurs    | 1000 | Under the Castle 7+ miles      | Penllyn, The Red Fox CF71 7RQ                     |
| <b>June</b> |      |                                |   |
| 03 Sun      | 1400 | Coastal Path, Woods and Stream | Nash Point, Marcross, by lighthouse. Car park fee |
| 15 Fri      | 1000 | Castle-upon-Alun Circular      | St Brides Major, Fox and Hounds Inn CF32 0SA      |
| 28 Thurs    | 1000 | Along the avenue to where?     | Colwinston, Sycamore Tree Pub CF71 7NG            |

**The Ninth Vale of Glamorgan Walking Festival  
Tuesday 15 – Sunday 20 May 2018**

Visit [www.valeofglamorganwalkingfestival.org.uk](http://www.valeofglamorganwalkingfestival.org.uk)  
for details of all walks

 Indicates a bilingual walk



[www.facebook.com/Valeways](http://www.facebook.com/Valeways)

Sorry no dogs

Charity No. 1062031